

the Recreator

Recreation, Sport & Leisure Brochure



Friday Night Rec

A Social program for individuals aged 16 years and older with Intellectual Developmental Disabilities.

Fall Season begins Friday, September 26, 2014

Times & Locations Vary (see below)

Registration Fee: **\$25.00** (some activities may require additional fees)

Please Note: Caregivers/Aides must pay to participate in activities that require an entry fee.



- September 26** **ZUMBA DANCING** at Tuscarora Recreation Center from 7:00-9:00 pm. Healthy snacks will be provided. Registration will be held. Bring a friend for **FREE** this night only!
- October 3** **NEW! COOKING NIGHT** at Ballenger Creek Community Building in Ballenger Creek Park from 5:30-8:30 pm.
- October 10** **BROOKMERE ALPACA FARM @ SUE ANN WILMS** from 5:30-8:30 pm: Come see and pet the alpacas. Dinner is on us! We will roast hot dogs and eat smores.
- October 17** **ADVENTURE PARK USA** from 6:30-9:30 pm. Arcades, putt-putt, and several other activities to choose from. Nolie will give you a playing card for \$5.25 to use if you are registered. Bring extra money for a snack or drink.
- October 24** **CRUMLAND FARMS:** Hayride, the maze, and pick a pumpkin. They have a carry-out snack shop, so have a light dinner before the hayride, don't forget your cash!!! 5:30-8:30 pm
- October 31** **HALLOWEEN PARTY** at Tuscarora Recreation Center with DJ Scott Wachter, 7:00-9:00 pm **COSTUME CONTEST, SO DRESS-UP!!**

- November 21** **OUR ANNUAL THANKSGIVING DINNER** at Tuscarora Recreation Center 7:00-9:00 pm. We will provide Turkey/Dressing and there will be a sign up sheet for side dishes. Participants are welcome to bring their family!

Frederick County Division of Parks and Recreation Friday Night Rec Registration

Mail all forms/checks to 355 Montevue Lane Suite 100, Frederick, MD 21702

301-600-2936 / Course Number: 4205

Participants Name _____ Date of Birth _____
Street Address _____ City _____ State _____ Zip _____
Home Phone _____ Cell Phone _____ Agency _____
Email Address _____
Emergency Contact _____ Emergency Phone _____

Waiver of Liability: By my signature below, I acknowledge that there are inherent risks and dangers associated with recreation programs and therefore, I hold Frederick County Commissioners harmless from all claims for injuries, damage, or loss which may result from my, or my child's participation in the program/s listed above.

Authorization for use of Photographic Likeness: I agree to allow the Frederick County Division of Parks and Recreation to take and utilize photos, slides, and video images for the purpose of promotion and publicizing of the Division's programs and / or events.

Signature: _____ Date: ____/____/____

Parent/Guardian Signature (If participant is under the age of 18)



Thank you for your registration in the Friday Night Rec Program. Listed below is additional information and rules for the Fall activities.

Directions

Tuscarora Recreation Center: *6321 Lambert Drive, Frederick, MD 21703:* From Frederick take US 340 West, Exit #5 onto the ramp for MD 351 (Ballenger Creek Pike), go right off the exit onto MD 351 for two miles. Turn left on to Lambert school is immediately on right.

Ballenger Creek Community Building: *5420 Ballenger Creek Pike, Frederick, MD 21703:* From Frederick take US 340 West, Exit #5 onto the ramp for MD 351 (Ballenger Creek Pike), go right off the exit onto MD 351 for two miles. Turn right into Ballenger Creek Park.

Brookmere Alpaca Farm: *9610 Gravel Hill Road Woodsboro, MD* Take US 15 North, approximately 5 miles outside of Frederick City limits, turn right on Devilbiss Bridge Road. Go approximately 2 miles and turn left at Dublin Road. Go another 2.5 miles and turn right on Gravel Hill Road. The farm will be approximately a mile ahead.

Adventure Park USA: Take I-70 East. Take Exit 62 – Rte. 75 (Monrovia/Hyattstown). Make a right off the exit ramp. Make first right. At intersection go straight. Adventure Park USA is approximately ½ mile ahead

Crumland Farms: Take US 15, approximately 3 miles outside of the Frederick City Limits, turn left on Willow Road. The first right will take you to the maze.

Rules

1. Participants must stay with the group. Let staff know if you need to leave the group for any reason.
2. Participants should not arrive earlier than the designated time. Staff will not be on-site before that time and cannot be responsible for your safety.
3. Participants should arrive no later than the designated time. Staff will need to move inside the program area by that time in order to supervise the group present.
4. Participants need to complete a health information form on the first day of the session.
5. You **CANNOT** leave the program without informing staff. A staff member will escort you to meet your pick-up. No one will be allowed to leave without an authorized pick-up person. Designated pick-up persons will be established at the first session. Only authorized persons will be allowed to pick-up individual participants.
6. Failure to comply with these rules may result in suspension from the program.